



## Grab & Go Bag for Your Vehicle Or Office

Many people spend more than one-third of their time at work and/or in their vehicles. Keep a small, portable Grab & Go Bag near the front door. Take it with you in your car and at the workplace to get through the initial hours after a disaster or until it is safe to go home. Here are some suggested supplies:

<ul style="list-style-type: none"><li>• Flat, comfortable shoes</li><li>• Small first aid kit and manual</li><li>• Toilet tissue</li><li>• Fire extinguisher (A-B-C)</li><li>• Flashlight and batteries</li><li>• AM/FM radio and batteries</li><li>• Warm, protective clothing</li><li>• Local maps (for the car)</li></ul>	<ul style="list-style-type: none"><li>• Heavy gloves</li><li>• Cash and coins</li><li>• Food and water</li><li>• Medication if required</li><li>• Blanket</li><li>• Whistle</li><li>• Flares (for the car)</li><li>• Small tool kit (for the car)</li></ul>
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This information is supplied by the Kelowna Fire Department, the agency responsible for the Regional Emergency Plan. For more information on emergency preparedness, contact the main fire station at station at (250) 860-6419 or fax (250) 862-3571, or by email at [ask@city.kelowna.bc.ca](mailto:ask@city.kelowna.bc.ca)

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